

Lactation Consult

Here at Child Health Associates we are proud to be able to offer lactation consults right here in office!

Danielle D, IBCLC, P-NP

Schedule your appointment with Danielle to discuss all things breastfeeding and lactation.



Trust in expert hands, Danielle is a highly skilled lactation consultant who is here to take care of you and your newborn.

Local Lactation Consultants

Shelly Taft, IBCLC

- Offers private office, in-home, or virtual lactation visits on all things breast feeding and newborns.
 - 218 Shrewsbury St. Suite 105B Worcester, MA
 - Visit shellytaftibcl.com or text (508) 203 7797

Breastfeeding Care by Danielle Baez, M.Ed., IBCLC

- Offers in-home and virtual lactation consultations throughout Massachusetts.
- Visit breastfeedingcare.co or call (508) 667-4553



LACTATION & FEEDING SUPPORT

CHILD HEALTH ASSOCIATES, PC



RESOURCES AND SUPPORT FOR ALL THINGS LACTATION

Local Breastfeeding Classes & Support Groups

UMass Memorial

- Online support group helps you get the support and confidence with breastfeeding.
- Groups held weekly Wednesdays, 3 to 4 pm
- Call (508) 334-6455 for more information and to register.

St. Vincent Hospital

- Lactation “warmline”
- Call (508) 363-7499 to discuss your questions with a lactation consultant.

Heywood Hospital

- Offers lactation clinics, breastfeeding classes, pump rentals and purchasing.
- Call (978)630-6216
- Gardner, MA

Milford Regional Medical Center

- ‘Breastfeeding is Beautiful’ – free support group for breastfeeding women and their babies.
- Call (508) 422-2827
- Milford, MA

Baby Café

- Free programs offering professional-level breastfeeding support and peer social connection in Worcester.
- Visit babycafeusa.org

Babies in Common -

- Offers parent groups, CPR and choking education, feeding consults.
- Visit babiesincommon.com or call (508) 363-7499

Nursing Moms Council

- Works to make pregnancy, birth, breastfeeding, and parenting a more informed and satisfying experience by providing education, support, community services, and advocacy.
- Visit nmc-nmc.org or call (617) 244-5102



RESOURCES

ZipMilk

- Puts you in touch with breastfeeding supports in your area. Visit zipmilk.org.

La Leche League International

- Offers breastfeeding information from A-Z! Visit llli.org.

WIC Breastfeeding Support

- WIC is there to help every step of the way, no matter what stage of the breastfeeding journey.
- wicbreastfeeding.fns.usda.gov

Massachusetts

Breastfeeding Coalition

- Dedicated to improving infant and maternal health and well-being through education, outreach, and advocacy to promote and support breastfeeding
- massbreastfeeding.org

KellyMom

- Provides evidence-based information on breastfeeding and parenting from a IBLC
- kellymom.com